# HPLC-UV and LC-MS Analysis of Quinonemethides Triterpenes in Hydroalcoholic Extracts of "espinheira santa" (*Maytenus aquifolium* Martius, Celastraceae) Leaves

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Alguns triterpenos quinonametídicos são conhecidos pela sua citotoxicidade, havendo relatos destas substâncias em várias espécies do gênero *Maytenus* (Celastraceae), inclusive em *Maytenus aquifolium* Martius, uma das espécies conhecidas no Brasil como "espinheira santa". Com o objetivo de dispor de um método analítico útil na avaliação da qualidade de medicamentos fitoterápicos de "espinheira santa", foi desenvolvido um procedimento de análise por cromatografia líquida de alta eficiência com detector ultravioleta (CLAE-UV). Foi realizada a quantificação dos triterpenos quinonametídicos maitenina e pristimerina, nos extratos hidroalcoólico e aquoso ("chá") das folhas e das cascas das raízes de *M. aquifolium*. As análises por cromatografia líquida acoplada à espectrometria de massas (LC-MS) usando a interface de ionização química à pressão atmosférica (APCI), confirmaram a presença de maitenina e pristimerina nos extratos hidroalcoólicos de *M. aquifolium*, enquanto que nos extratos aquosos estes triterpenos estão abaixo do limite de detecção.

Some quinonemethide triterpenes are known for their cytotoxicity, and the presence of these compounds has been reported in several *Maytenus* (Celastraceae) species, including *Maytenus aquifolium* Martius, one of the species known in Brazil as "espinheira santa". A quantitative HPLC-UV procedure was therefore developed with the purpose of devising a useful analytical method for evaluating the quality of "espinheira santa"-based phytomedicines. Quinonemethide triterpenes pristimerin and maitenin were quantified in hydroalcoholic and aqueous extracts ("teas") prepared from the leaves and root bark of *M. aquifolium*. Analyses by liquid chromatography coupled to mass spectrometry (LC-MS), using the atmospheric pressure chemical ionization (APCI) interface, provided unequivocal confirmation of the presence of maitenin and pristimerin in *M. aquifolium* hydroalcoholic extracts, although these compounds were below detection limits in aqueous extracts.

Keywords: Maytenus aquifolium Martius, Celastraceae, quinonemethide triterpenes, HPLC-UV, LC-MS

# Introduction

*Maytenus aquifolium* Martius and *M. ilicifolia* Martius (Celastraceae) are both known in Brazil as "espinheira santa", and systematic studies are focusing on their use as phytomedicines for the treatment of gastric ulcers and gastritis.<sup>1-3</sup> Reports on studies of *Maytenus aquifolium* include pharmacology,<sup>4</sup> phytochemistry of flavonoids<sup>5</sup> and sesquiterpene<sup>6</sup> pyridine alkaloids biosynthesis studies<sup>7</sup> and authentication of phytomedicines (leaf samples) by chromatographic analysis (GC,<sup>8</sup> HPTLC<sup>9</sup>).

Use of any medicinal plant as a phytomedicine requires the prior evaluation of its efficacy and safety. Toxicological essays of Maytenus aquifolium leaf extracts spray-dried with 70% ethanol have indicated no significant toxicity in mice.<sup>2</sup> However, reports in the literature on quinonemethide triterpenes (displaying cytotoxic activity and therefore containing potentially toxic compounds) in Maytenus samples suggest that "espinheira santa"-based phytomedicines must be carefully investigated. These compounds have been quantified by HPLC-UV external standard in cell cultures (callus extracts) of *Maytenus aquifolium*,<sup>10</sup> and HPLC quantification of quinonemethide triterpenes in the root bark of Maytenus ilicifolia (another species known as "espinheira santa") has also been reported.<sup>11</sup> However, these HPLC procedures offer a very limited assessment of the safety of Maytenus-based phytomedicines, since they are based mainly on hydroalcoholic or aqueous leaf extracts,<sup>2,12</sup> which contain interfering compounds different from those found in less polar root or callus extracts.

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Aiming to come up with an analytical method suitable for analyzing quinonemethide triterpenes in small concentrations in complex mixtures such as hydroalcoholic leaf extracts, we have developed an HPLC-UV procedure which is described herein. This method has proved feasible for the analysis of leaf infusions (aqueous extracts, known popularly as 'tea'), and has also been applied to commercial "espinheira santa" samples in order to illustrate the method's potential for routine (quality control) analyses.

LC-MS analyses were also performed to confirm the presence of the triterpenes in question in aqueous and hydroalcoholic *Maytenus aquifolium* leaf extracts. The LC-MS method may be an alternative procedure for assessing the quality of end phytomedicines, in the selective analysis of low concentrations of toxic plant compounds.<sup>13</sup>

# **Experimental**

#### Plant material

The root bark and leaves used as reference for the development of the analytical method were kindly furnished by Dr. Ana Maria Soares Pereira (UNAERP, Ribeirão Preto, SP, Brazil), and were taken from specimens originating from seedlings of *Maytenus aquifolium* raised in UNAERP's Biotechnology Department greenhouse and cultivated under good agricultural practices at UNAERP's farm in Ribeirão Preto, SP, Brazil. Voucher samples are deposited at UNAERP herbarium under number HPMU-0755. The plant material was dried at 40 °C under forced ventilation for 24 h, then pulverized and sieved (70 mesh) prior to its storage in closed bottles protected from light.

#### Chemicals

The solvents employed were distilled in the laboratory (extraction of plant material), having an analytical grade (Merck, Darmstadt, Germany) or HPLC grade (Mallincrodt, Kentucky, U.S.A.). The water was purified in a Milli-Q system (Millipore).

# *Extraction and purification of the quinonemethide triterpenes standards*

Powdered root bark (450 g) was extracted three times by maceration with methanol (5.0 L each) at room temperature. The methanol extracts were mixed and vacuum-dried by evaporation (177.2 g, corresponding to a total yield of 39.4%). The residue was then divided between aqueous methanol (2 H<sub>2</sub>O:1 CH<sub>3</sub>OH) : chloroform

(1:1, 0.5 L each). The chloroform layer was vacuum-dried by evaporation and an aliquot of 30.0 g was applied to a column filled with 300 g of a 1:1 mixture of silica gel (63 - 210 mm) and Florisil (both Merck, Darmstadt, Germany). The column had the following dimensions: internal diameter = 5.0 cm; length around 110 cm; dead volume 600 mL. Elution began with hexane (1.0 L), followed by a hexane-ethyl acetate gradient (99:1 v/v, 98:2 etc; 0.5 L each mixture), then by an ethyl acetate-methanol gradient (99:1 v/v, 98:2 etc until 1:1; 0.5 L each mixture), and concluded with pure methanol for washing (around 2 L), in a total of 154 fractions. After the TLC analysis, fractions # 49 to 62 (248 mg) and # 63 to 77 (191 mg) were joined and fractionated separately by CC (120 g silica gel 40 -63 mm, Merck), under N<sub>2</sub> pressure (0.5 atm) and eluted with hexane: ethyl acetate 7:3. The CC of fractions # 49 to 62 yielded 100 sub-fractions of 11 mL each and, after the TLC analysis, sub-fractions # 58 and 59 were joined, giving maitenin (1, 107 mg). The CC of fractions # 63 to 77 gave 44 sub-fractions of 11 mL each and, after the TLC analysis, sub-fractions 15 to 19 were joined, yielded pristimerin (2, 24 mg). The identities of 1 and 2 were confirmed by comparing their spectroscopic data (UV, IR, MS, <sup>1</sup>H and <sup>13</sup>C NMR) with data available in the literature.<sup>14</sup>



Figure 1. Structures of the triterpenes of *Maytenus aquifolium* determined in this investigation. 1, maitenin; 2, pristimerin.

# Sample preparation for chromatographic (HPLC and LC-MS) analysis

Hydroalcoholic extracts of *M. aquifolium* were prepared by macerating powdered leaves or root bark (1.0 g) with ethanol-water (ratio of 1:1 v/v, 10 mL, 50 °C, 10 min). The extract was filtered and the volume adjusted to 10.0 mL, after which it was extracted with chloroform (5.0 mL), the layers separated and the upper hydroalcoholic layer filtered and analyzed by HPLC. The aqueous extracts of *M. aquifolium* were prepared by infusing powdered leaves or root bark (1.0 g) in boiling distilled water (100 mL) and allowing the infusion to steep in a covered flask for 15 min. The extract was then filtered, lyophilized and resuspended in 1.0 mL methanol, after which the solutions were filtered and analyzed directly by HPLC.

#### HPLC analyses

HPLC-UV analyses were performed using a Shimadzu (Shimadzu, Tokyo, Japan) liquid chromatography modular system consisting of two LC-10AD pumps, an UV Shimadzu SPD M10A diode array UV detector, and an LC WorkStation Class LC10 system for data processing. The samples were introduced using an injection valve fitted with a 10 $\mu$ L loop (Rheodyne, California, USA). The mobile phase consisted of aqueous trifluoroacetic acid 1% (v/v) - methanol (8:2, isocratic mode) at a flow rate of 1 mL min<sup>-1</sup>. A C-18 column (Supelcosil, 250 mm x 4.6 mm x 5 $\mu$ m, Supelco, Bellefonte, USA) fitted with a guard column (C-18, 20 mm x 4.6 mm x 5 $\mu$ m, Supelco) was utilized at an oven temperature of 33 °C. UV detection was performed at 430 nm.

A quantitative analysis was done by the external standard method, plotting calibration curves for each triterpene at concentrations of 0.05, 0.10, 0.20, 0.30, 0.40, 0.5 and 1.0 mg mL<sup>-1</sup> in methanol. Each determination was carried out in triplicate. Concentration values were uncorrected, assuming, for purposes of calculation, that each standard was 100% pure. The purity of the standards was confirmed by HPLC analysis performed under the above described chromatographic conditions. Each standard peak was found to be 100% pure according to criteria of peak purity (UV/DAD spectra) measurements plus automatic integration of the chromatogram's peaks using the Shimadzu equipment software.

The LOD (limit of detection) was determined by injecting standard solutions of maitenin and pristimerin under the HPLC conditions described in sufficient amounts to obtain a signal-to-noise (S/N) ratio of 3:1.<sup>15</sup>

#### LC-MS analysis

LC-MS analyses were done on a Shimadzu liquid chromatography modular system consisting of two LC-10AD pumps coupled to an LC/MS QP 8000 quadrupole detector. The data were processed using Shimadzu's Class-8000 system. Analyses using the APCI (atmospheric pressure chemical ionization) interface were performed in a C-18 column (Supelcosil 250 mm x 4.0 mm x 5  $\mu$ m) fitted with a guard column (C-18, 20 mm x 4.0 mm x 5  $\mu$ m), both Supelco, at an oven temperature of 35 °C. The samples were introduced using a Rheodyne injection valve fitted with a 20  $\mu$ L loop. The mobile phase consisted of aqueous formic acid 1% (v/v): methanol with formic acid 1% (8:2, isocratic mode) at a flow rate of 1mL min<sup>-1</sup>. The mass detector was operated in the positive mode with nitrogen as the nebulizer gas at a flow rate of 2.0 L min<sup>-1</sup>, under the following conditions: the capillary temperature was 230 °C; deflector voltage, + 47 V; CDL voltage and temperature, - 28 V and 230 °C; probe voltage (corona discharge) and temperature, +3.5 V and 400 °C; acquisition range, 100 - 700 m/z at 2.0 scan s<sup>-1</sup>. Analyses using ESI (electrospray ionization) interface were done under the same chromatographic conditions as described for the APCI analysis, except for the guard column, which was not used in the ESI analysis. The mass detector conditions were: nitrogen as the nebulizer gas at a flow rate of 4.5 L min<sup>-1</sup>; deflector voltage, + 54 V; CDL voltage and temperature, - 10 V and 230 °C; probe voltage (corona discharge), +4.5 V; acquisition range, 100 - 700 m/z at 2.0 scan s<sup>-1</sup>.

# **Results and Discussion**

The development of the analytical method took into account both the processing of *Maytenus* leaves for the preparation of phytomedicines (hydroalcoholic extracts) and the traditional use of the plant in the form of "teas" (aqueous extracts), resulting in the simplest possible procedure for quantitative analysis and therefore easily applicable in routine analyses. The direct HPLC analysis of aqueous extracts was adopted since none of the tested cleanup strategies for aqueous extracts (namely, liquid-liquid extraction and solid phase extraction with several adsorbents such as Florisil, silicagel and Amberlite) showed any significant improvement in removing matrix interferences.

Extraction of root bark was done in order to purify standards for quantitative analysis, because maitenin and pristimerin (peaks 1 and 2, respectively, in Figure 2) were not commercially available. Regression equations for maitenin and pristimerin were, respectively,  $y = -8.93 \ 10^5$ + 3.19 10<sup>6</sup> x (r = 0.999) and  $y = 7.94 10^{6} + 1.54 10^{7}x$  (r =0.999). LOD were 20  $\mu$ g mL<sup>1</sup> for maitenin and 40  $\mu$ g mL<sup>1</sup> for pristimerin. An analysis of aqueous extracts of root bark (Figure 2a) was made to adjust the analytical conditions, since leaf extracts had to be spiked due to the low content of the triterpenes under study. In comparison with root bark, the leaves have a lower content of these triterpenes (Table 1), which are found only in hydroethanolic extract (Figure 2b); on the other hand, the absence of triterpene in aqueous extracts was also confirmed by spiking (Figure 2c). Recovery experiments performed utilizing triterpenes standards, at the same concentration level found on Maytenus samples, gave low but repeatable results for the studied compounds, namely  $(85.48 \pm 0.05)\%$ for maitenin and  $(56.86 \pm 0.28)\%$  for pristimerin.



Figure 2. Chromatogram (HPLC-UV, detection at 430 nm; for other chromatographic conditions see *HPLC analysis*) of typical *Maytenus aquifolium* extracts. Identification of peaks: 1, maitenin; 2, pristimerin. Peaks 1 and 2 were identified by the comparison of their retention time and their UV spectra with those of standards injected at the same chromatographic conditions. (a) aqueous extracts of root bark, expansion: UV/DAD spectra of 1 and 2; (b) hydroalcoholic leaf extract. (c) aqueous leaf extract spiked with 1+2, 1 mg mL<sup>-1</sup> each.

LC-MS analyses were carried out exploring the selective monitoring of representative ions of the quinonemethide triterpenes under study in order to confirm the presence/ absence of these compounds in *Maytenus* extracts. Firstly, triterpenes standards were tested with the purpose of choosing the most appropriate interface for the analysis of these compounds in extracts. The chromatographic conditions had to be changed, since ESI and APCI interfaces require a smaller column (4.0 cm i.d. instead of 4.6 in a

 Table 1. Content of quinonemethide triterpenes in Maytenus aquifolium leaves (reference samples)

	mean <sup>a</sup> ± s.d (expressed as mg triterpene/g dried plant)	
Plant part and extract	maitenin, 1	pristimerin, 2
Leaves – hydroalcoholic extract	$0.20 \pm 0.01$	$0.08 \pm 0.01$
Leaves - aqueous extract	(-)	(-)
Root bark - hydroalcoholic extract	$1.24 \pm 0.06$	$0.44 \pm 0.04$
Root bark – aqueous extract	$0.64 \pm 0.03$	$0.36 \pm 0.03$

an = 3; quantitative data are given corrected considering recovery of the extraction and clean-up processes for each triterpene; (-): not detected.

previous HPLC-UV analysis). Moreover, formic acid proved to be more efficient than trifluoroacetic acid for ionizing the triterpenes in question. The best sensitivity was achieved using APCI in the full scan mode (Figure 3), which also produced a lower noise level, allowing for a better confirmation of *pseudo*-molecular ions  $[M+H]^+$ , namely *m/z* 421 for maitenin and *m/z* 465 for pristimerin. On the other hand, the ESI required SIM mode analysis, which was carried out by monitoring  $[M+1]^+$  and  $[M+2]^+$  ions, respectively, *m/z* = 421 and 422 for maitenin and *m/z* = 465 and 466 for pristimerin. However, even in the SIM mode, the ESI analyses did not unequivocally confirm the identity of the triterpenes under study. A combination of APCI data plus confrontation of the tR of maitenin and pristimerin standards under the same LC-MS conditions was therefore



Figure 3. Chromatograms (TIC-LC-APCI-MS, for chromatographic and MS conditions see *LC-MS analysis*) of a typical hydroalcoholic extract of *Maytenus aquifolium* leaves. Identification of peaks: 1, maitenin; 2, pristimerin. (a) APCI interface; (b) ESI interface.

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used, which confirmed the presence of these triterpenes only in the hydroalcoholic extracts.

To illustrate an application of the analytical procedure for quantitative analysis developed here, eleven commercial samples of "espinheira santa" were bought in drugstores (in the states of São Paulo and Rio Grande do Sul, Brazil). In order to discard the false samples, they were first compared with authentic Maytenus reference samples, by detailed TLC and GC chromatographic screening procedure.<sup>8,9</sup> This previous screening must be done before quantitative analysis, since falsifications are very usual in commercial medicinal plants samples.8 At the end of this trial, only five commercial samples were considered authentic and only these authentic ones were subjected to the quantitative analysis (Table 2). These findings also reveal the low level of quality of the commercial samples: a macroscopic examination of the commercial samples revealed extensive mixing with twigs, bark and other extraneous materials, which "diluted" not only maitenin and pristimerin, but also the active compounds.

**Table 2.** Content of quinonemethide triterpenes in hydroalcoholic

 extracts of commercial samples of "espinheira santa"

Sample <sup>a</sup>	mean <sup>b</sup> ± s.d (expressed as m maitenin, <b>1</b>	g triterpene/g dried plant) pristimerin, <b>2</b>	
#2	$0.18 \pm 0.01$	$0.20 \pm 0.02$	
#4	$0.74 \pm 0.01$	$0.63 \pm 0.02$	
#5	$0.30 \pm 0.02$	$0.70 \pm 0.01$	
#7	$0.12 \pm 0.01$	$1.88 \pm 0.03$	
#8	$0.04 \pm 0.01$	$3.58 \pm 0.03$	

<sup>a</sup>of the eleven commercial samples purchased in drugstores, only the authentic "espinheira santa" samples are included in this Table;  ${}^{b}n = 3$ .

# Conclusions

Quantitative HPLC data, together with LC-MS analyses, confirmed the presence of maitenin and pristimerin in detectable amounts in hydroalcoholic extracts of *Maytenus aquifolium* leaves. These results indicate the crucial importance of performing accurate safety (toxicological) studies of "espinheira santa" phytomedicines. The analytical method described herein proved suitable for the analysis of leaf extracts, and is therefore considered more appropriate for analyzing "espinheira santa" phytomedicines than other procedures previously reported.<sup>10, 11</sup>

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